

Energy

October

2019

Complete Hot Lunch or Cold Lunch: \$3.95 (Includes entrée of the day, a fruit and a choice of skim fat free chocolate, 1% milk, apple juice or 8oz water)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Fresh carrot sticks, celery sticks and/or cucumber coins with dip available daily	1 School Closed Rosh Hashanah	2 Baked Chicken Nuggets Served with Baked Fries	3 Cheese Pizza Served with Fresh Carrot Sticks and Ranch cups	4 National Taco Day! Beef Tacos Served with Rice	Daily Cold Choices Monday-Turkey Sandwich Tuesday- Plain Bagel w/ Butter or Cream Cheese, yogurt cup & RF Cheese Stick Wednesday-Tuna Sandwich Thursday-Grilled Chicken Wrap Friday- Turkey Sandwich Garden salads with or without grilled chicken and Veggie Wraps available daily A la Carte Pricing Bottled Water 8 oz. \$0.85 Milk \$.75 Apple Juice 6 oz. \$.75 Whole Grain Goldfish .75oz \$.50 Yogurt cups \$1.00 RF Cheese Stick \$.50
	7 Baked Chicken Tenders Served with Sweet Potato Fries	8 Pasta and Meatballs Served with Veggies and Dinner Roll	9 School Closed Yom Kippur	10 Cheese Pizza Served with Fresh Carrot Sticks and Ranch cups	
14 School Closed Teacher Professional Day	15 Beef Nachos Served with Baked Chips and Corn	16 Waffles Served with Chicken Sausage	17 Cheese Pizza Served with Fresh Carrot Sticks and Ranch cups	18 Popcorn Chicken Served w/ Mashed Potatoes and Corn	
21 Crispy or Grilled Chicken Sandwich Served with Baked Fries	22 Rosa Sauce Served over Pasta with Veggies and Dinner Roll	23 Angus Hamburger or Cheeseburger Served on A Whole Grain Bun with Baked Fries	24 Cheese Pizza Served with Fresh Carrot Sticks and Ranch cups	25 Grilled Cheese Served with Sweet Potato Fries	
28 Baked Chicken Tenders Served with Sweet Potato Fries	29 Mac and Cheese Served with Veggies	30 Meatball Parm Sliders Served with Baked Fries	31 Cheese Pizza Served with Fresh Carrot Sticks and Ranch cups	1 Baked Chicken Nuggets Served with Baked Fries	

Harrison Elementary School



Special News...

Please visit us online at www.livingston.org, and select Food Services on your schools homepage!! For questions, comments, or concerns, please contact Michael Fassbender at 973-535-8000 Ext. 8051 or E-mail Fassbender-michael@aramark.com

Menus are subject to change without notice.

