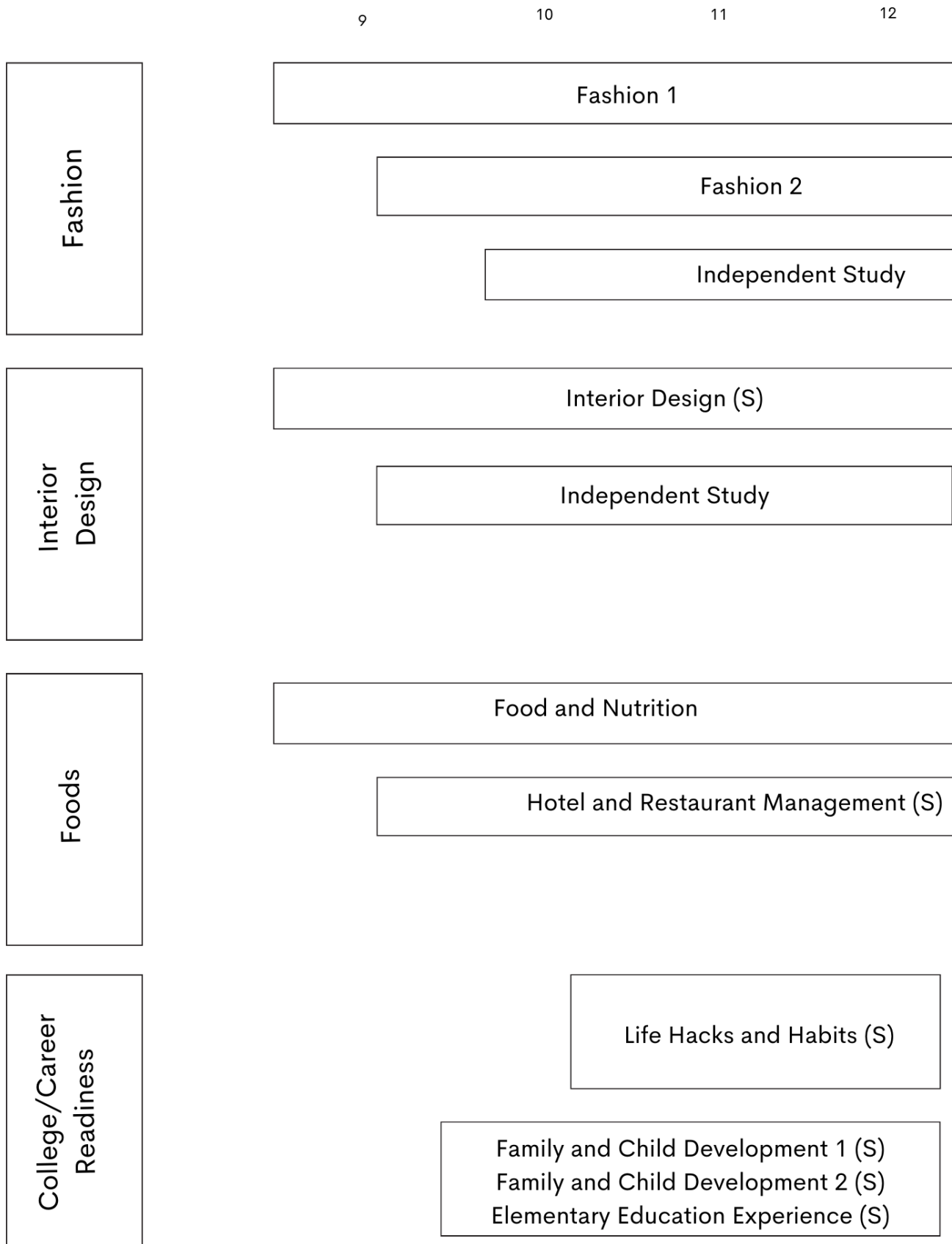


Course Sequence for Family and Consumer Science by Area of Interest



Family and Child Development 2 and Elementary Education Experience can run concurrently

Family and Consumer Science

FASHION 1 (711) Prerequisite: None.	5 Credits Full Year Grades 9-12
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Fashion 1 introduces students to the exciting world of fashion through garment construction, study of consumer influences, trends and career opportunities. Students explore the basics of the fashion industry, fashion design, and textiles. Students have the opportunity to design and construct an outfit of their choice. Other topics included in this course are the global influences on marketing, fashion retailing, and e-commerce.

FASHION 2 (721) Prerequisite: Successful completion of Fashion 1.	5 Credits Full Year Grades 10-12
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Fashion 2 provides students with further exploration into original design, designer fabrics, advanced pattern-making techniques, and current trends in visual merchandising. Students will expand their knowledge of fashion textiles and clothing. Opportunities for fashion retailing, promotion, and planning special events will give the student a better understanding of business ventures.

FOODS AND NUTRITION (722) Prerequisite: None.	5 Credits Full Year Grades 9-12
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Foods and Nutrition is a course that introduces students to culinary skills and techniques while exploring the six essential nutrients. Students gain the knowledge of how to work safely with food, how to operate kitchen equipment, and the ability to identify kitchen tools. Reading recipes, working in teams, and communication skills are a constant focus throughout this course. Lab experiences in the school kitchens enhance each unit of study and give students a chance to demonstrate proficiency in food preparation methods related to the content in each unit. Students will gain an understanding of the journey food takes on the way to their table.

INTERIOR DESIGN (712) Prerequisite: None.	2.5 Credits Semester Grades 9-12
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Interior Design is an entry-level course which involves the study of personal priorities in housing, house styles, basic principles in design, and color and space utilization for in-home business needs. Students use decision-making and creative skills in applying these principles when choosing colors, furniture, fabrics, floor covering, and other materials and when designing floor plans. This course introduces students to the variety of careers related to the field of interior design.

HOTEL AND RESTAURANT MANAGEMENT (720) Prerequisite: Foods and Nutrition.	2.5 Credits Semester Grades 10-12
<p>Hotel and Restaurant Management introduces students to the hospitality industry. Students gain an insight into the fundamentals, economics, operations, trends and career opportunities of this field. Current trends in the travel and tourism industry are explored.</p> <p>Hotel and Restaurant Management introduces students to the hospitality industry while also exploring the etiquette and customs of various countries. Students gain knowledge of the different segments of the hospitality industry: lodging, food and beverage, travel and tourism, and recreation. A “look behind the scenes” of some of the industry’s most well-known theme parks, restaurants, and hotels enhance each unit of study. Career opportunities, current trends, and relevant topics related to the hospitality industry are explored. Hands-on learning experiences provide students with the opportunity to further develop their culinary skills and techniques while exploring the food and beverage segment of the hospitality industry.</p>	

FAMILY AND CHILD DEVELOPMENT 1 (730) Prerequisite: None.	2.5 Credits Semester Grades 10-12
<p>Family and Child Development 1 provides students with the opportunity to explore and develop an understanding of human growth and development. Students explore the various aspects of personality, communication, relationships, skills associated with independence, and creativity in adolescent and early child development. This course explores methods for fostering creative problem-solving as related to career development, marriage, parenthood, and childcare. Lab experiences include working with preschool children.</p>	

FAMILY AND CHILD DEVELOPMENT 2 (737) Prerequisite: Successful completion of Family and Child Development 1.	2.5 Credits Semester Grades 10-12
<p>Family and Child Development 2 expands on the content and experiences of Family Child Development 1 by focusing on the learning processes of young children. Students will become familiar with developmental theories and how to apply them via the implementation of meaningful lessons/activities while working with young children. Students will become familiar with the career opportunities available to them as they assume responsibility for meeting the specific needs of a group of children. The lab portion of this course includes hands-on work such as the planning, organizing, and running of activities for 2-5 year old children at a local preschool. This course is highly recommended for students pursuing careers in education, social sciences, nursing/medicine, and/or being a parent.</p>	

INDEPENDENT STUDY IN TECHNOLOGY (746, 747) Prerequisite: A minimum grade of B in one of the specified technology sequences is a good predictor for success in this course or demonstration of comparable proficiencies.	2.5 Credits Semester Grades 11-12
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This course is offered to students who have successfully completed both Level 1 and Level 2 courses in one of the following areas: Architecture/Engineering CAD, Automotive Mechanics, Technology and Design, Fashion, Visual/Graphic Communication or Woods/Stagecraft. The student must contract with a sponsoring technology teacher in one of the areas specified. The nature and detail of the work to be completed by the student must be mutually agreed upon prior to the beginning of the course. This course is for students who intend to enter design-related competitions and/or develop a college admissions portfolio.

ELEMENTARY EDUCATION EXPERIENCE (754) Prerequisite: Successful completion of Family & Child Development 1.	5 Credits Spring Semester Only Grade 12
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Elementary Education Experience is a half-year course (spring semester only, over the course of two periods) available to those seniors interested in pursuing a career in teaching. Students enrolled in this program are assigned to work with a specific teacher at the elementary level. During this experience, students keep a journal about their classroom experiences, create a portfolio, and participate in a blog. Students receive a pass/fail grade for the classroom experience.

LIFE HACKS & HABITS (753) Prerequisite: None.	2.5 Credits Grade 12
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Life Hacks and Habits is for young adults bridging into the world following high school. The course focuses on enhancing the students' knowledge of the seven areas of executive functioning. As the components of executive functioning are studied, learners will accumulate “hacks”, techniques, and strategies to support their successful transition to higher education or as they pursue a career path. The study of meaningful and relevant topics such as coping with and managing stress, finding contentment while living mindfully, and the areas of wellness provide students with knowledge about building emotional resilience. Students will investigate the structures of the brain and the neuroscience of executive functioning, as they acquire skills and techniques to “rewire” the brain to positively support cognitive output, sharpen mental acuity, and boost overall achievement. The course will share routines for success that are grounded in recent research on forming Habits. Resources include Tiny Habits by BJ Fogg and the Power of Habits by Charles Duhigg.