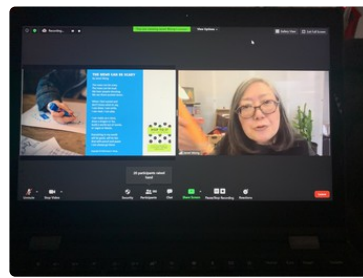


MPE Weekly Update

December 18, 2020



Wacky
Wednesday! Wait,
is your mask
upside down???



Thank you to the
MPE PTA for an
interactive,
informative author
visit with Janet
Wong



Career day!!!! Our
students know
their possibilities
are limitless!

Mindful Moment Each Day at MPE

Each day we show the Daily Roar as part of our Morning Meetings. We are practicing a mindful moment each day. Please see the information below about being mindful:

Mindfulness is...

"Mindfulness means paying full attention to something. It means slowing down to really notice what you're doing. Being mindful is the opposite of rushing or multitasking. When you're mindful, you're taking your time. You're focusing."- KidsHealth.org

"Mindfulness is nonjudgmental moment-to-moment awareness of the present."- Jennifer Cohen Harper

"Mindfulness is a particular state of consciousness that involves awareness and acceptance of whatever is happening in the present moment."- Patricia A. Jennings

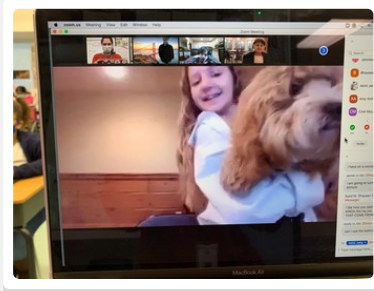
To access Mrs. Kelner's Virtual Classroom, please click this link>>>

https://docs.google.com/presentation/d/13fg3Nef8VYozwa8Kf-qw6X1G8iVLf-E8fCmReo07YVg/edit#slide=id.g9403061566_0_120

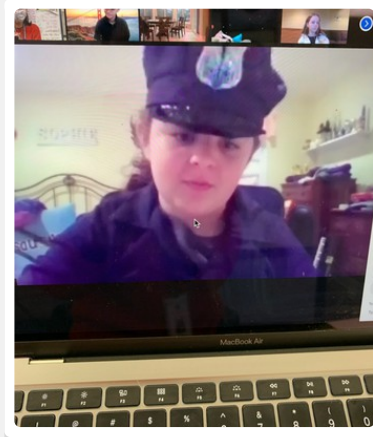
Spirit Week Fun!

Sponsored by the MPE Student Council, MPE staff and students participated in daily dress up days and activities during MPE Spirit Week!

Career Day was Monday, December 14



A veterinarian



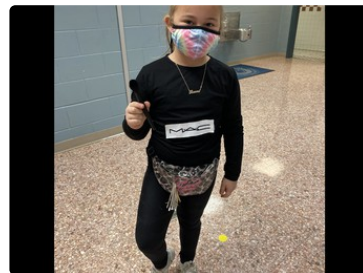
A police officer



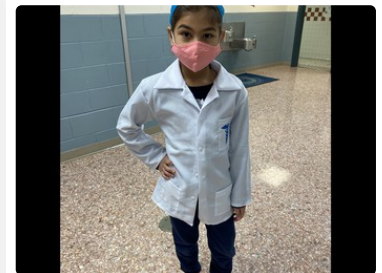
Tooth fairy



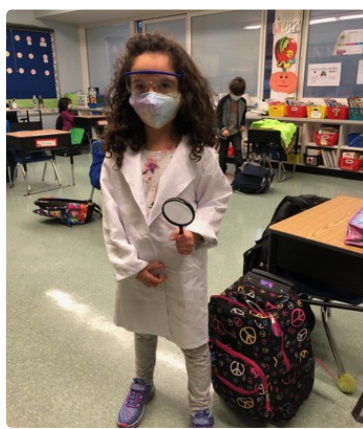
Monster truck driver



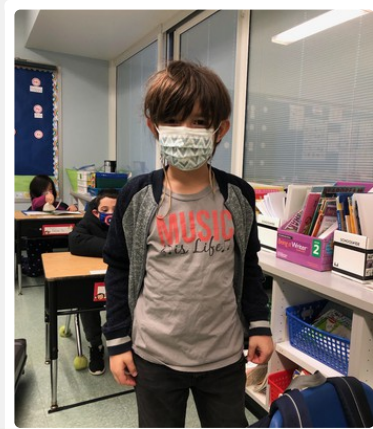
Make-up artist



Doctor



A scientist!



A musician



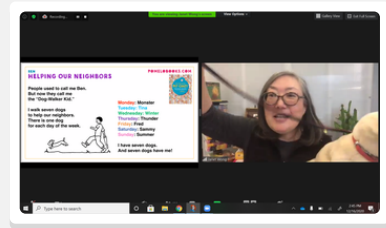
A painter



Proud to Be MPE. Special thanks to Ms. Montgomery for adding winter paintings to our school!!!!



Thank you to all of you who wore your MPE gear on December 11, 2020.



Learning about poetry and the writing process with Janet Wong on December 16, 2020!

Kindness and Safety During Remote Learning

"Friendship may seem a lot different nowadays, but the most important thing to remember, whether you're with your friends in person or only online, is that kindness is the key to friendship.

STAY SAFE ONLINE

With so much taking place online, here are some things you'll definitely want to keep in mind and remind your children:

- * Don't talk to people online who you haven't met in person. They may not be who they say they are.
- * Be careful not to share personal information online. This includes your real name, age, birth date, and address.
- * Never pretend to be someone you aren't.
- * Never forward a message or picture that someone sent you.
- * Never say mean things about others online. Mean comments can last forever on the internet, and they can spread like dandelions in a grassy lawn.
- * Don't message anyone when you're mad or upset. Give yourself time to cool down and think clearly.
- * Remember, nothing you put online is ever private. Here is a rule of thumb: Don't write or send anything that you wouldn't want to be announced over morning announcements at your school.
- * If you get into a situation where kids are not nice online, take a screenshot, then tell your grown-ups. Don't respond or you could make the situation worse.
- * Sometimes kids come across inappropriate pictures online. If you do, don't click on anything. Walk away from the device and get your grown-ups' help.
- * Keep in mind that messages can wait. If you're busy doing something, you don't have to stop just because a friend messaged you."

The excerpt above is from

Growing Friendships During the Coronavirus Pandemic by Eileen Kennedy Moore.

<https://eileenkennedymoore.com/growing-friendships-during-the-coronavirus-pandemic/>

Important Yearbook Information

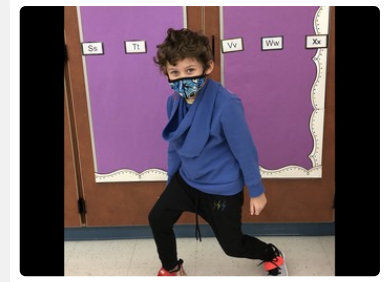
If your child was not able to join us for picture day in November, then you can submit their picture via email to our Yearbook Team. It is so important that every child's picture be included on the page with

their homeroom teacher and their classmates. We do not want any students to be missing from the yearbook!

Please complete the following steps in order to submit your child's portrait from home.

1. All pictures should be taken in front of a plain/solid background if possible.
2. Please only take a picture from the chest up in order for it to fit in the portrait spot in the yearbook.
3. Pictures with an actual camera are better in quality however we will accept cell phone pictures as well.
4. If using a camera, please make sure your child's first name, last name, and teacher are used when saving the image so we can easily identify the file. a. Ex: Tommy_Smith_Whipple
5. If using a cell phone picture, be sure to choose "Actual Size" when sending.
6. Please email the file to MPYearbook2021@gmail.com by **Jan. 15, 2021** and include the student's name and grade in the Subject line. Please email our PTA president at kratner4@gmail.com with any questions.

Wacky Wednesday



Upcoming Events

December 21 - Pajama Day!

December 22 - Pajama Day!

December 23 - All Remote and Partial Day.

December 24 - January 1 - Schools closed for the holiday break

January 4 - January 15 - Remote instruction. No in-person learning at MPE

January 18 - Schools closed for Martin Luther King Jr.'s birthday

Please email me any photos of you dressed in your HOLIDAY WEAR or fun in the snow!!!! Idolan@livingston.org

