

# Energy

# 2022

# December

Complete Hot Lunch or Cold Lunch: \$4.00 (Includes entrée of the day, a fruit and a choice of low fat chocolate, skim, 1% milk, apple juice or an 8oz water)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b> <b>Baked Chicken Tenders</b> <b>Served w/ French Fries</b>	<b>29</b> Cheese Nachos Served w/ Corn	<b>30</b> Pizza Day Cheese Pizza Served with Baby Carrots and Ranch	<b>1</b> <b>Angus Burger or Cheeseburger</b> <b>Served w/ Tater Tots</b>	<b>2</b> Homemade Mac and Cheese Served w/ Broccoli
<b>5</b> Pancakes Served w/ Turkey Sausage	<b>6</b> <b>Meatball Parm Sub</b> <b>Served w/ Vegetables</b>	<b>7</b> Pizza Day Cheese Pizza Served with Baby Carrots and Ranch	<b>8</b> <b>Crispy or Grilled Chicken</b> <b>Sandwich Served w/ French Fries</b>	<b>9</b> <b>Corn Dogs</b> <b>Served w/ Tater Tots</b>
<b>12</b> <b>All Beef Frank</b> <b>Served w/ French Fries</b>	<b>13</b> <b>Popcorn Chicken</b> <b>Served w/ Mashed Potatoes and Corn</b>	<b>14</b> Pizza Day Cheese Pizza Served with Baby Carrots and Ranch	<b>15</b> Pasta and Meatballs Served w/ Bread	<b>16</b> <b>Chicken Parm Sandwich</b> <b>Served w/ Vegetables</b>
<b>19</b> French Toast Served w/ Turkey Sausage	<b>20</b> <b>Baked Chicken Nuggets</b> <b>Served w/ French Fries</b>	<b>21</b> Pizza Day Cheese Pizza Served with Baby Carrots and Ranch	<b>22</b> Pasta Marinara Served w/ Vegetables	<b>23</b> Partial Day  No Lunches Served
<b>26</b> School Closed 	<b>27</b> School Closed 	<b>28</b> School Closed 	<b>29</b> School Closed 	<b>30</b> School Closed 

**Daily Cold Choices:**

**Bagel Combo Available Daily:**  
 Bagel w/ Yogurt or String Cheese

**Salads With or Without Grilled Chicken Available Daily**

**Monday**  
 Turkey and cheese  
**Tuesday**  
 Tuna on a Roll  
**Wednesday**  
 Grilled Chicken Wrap  
**Thursday**  
 Plain Bagel w/ Butter or Cream Cheese  
**Friday**  
 Ham Sandwich

**Vegetarian Option:**  
 Grilled Cheese and Veggie burgers  
 Sandwich available on highlighted days when preordered in the morning with teacher.

## Mount Pleasant Elementary Lunch

### Special News...

Please visit us online at [www.livingston.org](http://www.livingston.org), and select Food Services on your schools homepage!! For questions, comments, or concerns, please contact **Nicole Cooper** at 973-535-8000 Ext. 8051 or E-mail at [cooper-nicole@aramark.com](mailto:cooper-nicole@aramark.com).



Menus are subject to change without notice.