

MPE Weekly Update

January 15, 2021



Reminder : School Picture Retakes on Wednesday January 20 and Thursday, January 21

As requested, BNL, our school picture company, will be returning to MPE to offer retakes for those families who are interested. In addition, those students who were absent when photos were taken in November and any remote students who were not photographed at that time, will have an opportunity

to have their photo taken. Please sign up by the end of the day today, January 15th. YOU MUST SIGN UP FOR YOUR CHILD TO HAVE A RETAKE!!

Hybrid student retake sign up - <https://forms.gle/uiwwy6ZgFFiaBZxm6>

Remote only student retake sign up

<https://www.signupgenius.com/go/10c0d4baea92faafac34-remote>

Please email Mrs. Witt at gwright@livingston.org with any questions.



MLK Day: A day ON, not a day OFF

The third Monday of January is designated as MLK Day and is the only federal holiday designated as a national day of service to encourage Americans to improve their communities through volunteer opportunities. Many describe MLK Day as a "day on, not a day off" where we put our efforts into honoring the work of Martin Luther King Jr.

In support of MLK Day of Service and in collaboration with the other Livingston Schools, MPE is joining in the collection of new or gently used school supplies that will be given to children and schools in need.

Those interested in making a donation may do so by dropping off items:

On Monday, Jan. 18th between 2-6 pm at the Livingston Town Hall

Below are some additional ideas of how you can volunteer and serve your community to celebrate MLK Day in a safe way this year!

Make a placemat, birthday card, or draw a picture

Meals On Wheels is an organization that brings food to families in need throughout the county. Thoughtfully decorated placemats are a lovely extra to bring to meal recipients, as are cards, or pictures. If you're able to laminate the placemats, all the better! Although this is not required. You can also make birthday cards or pictures to be included in families' meals as a way to bring additional smiles to their faces! Pictures, cards, and placemats can be delivered to MPE when school reopens to be sent to Meals on Wheels.

Donate canned or non-perishable food to Livingston Neighbors Helping Neighbors. Food donations can be dropped off at Livingston's Town Hall.

Make cards for your local sanitation workers, postal workers, delivery workers, or first responders.

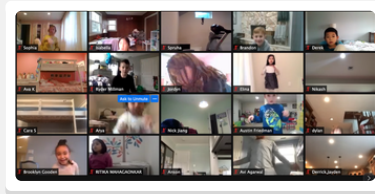
Saying thank you to our local workers is a kind way to give back to your community. Make sure to have an adult help you deliver your cards.

Donate prepared food to Newark, NJ soup kitchens through Livingston Neighbors Helping Neighbors. While preparing food- masks and gloves must be worn. Prepared foods such as trays of mac- n- cheese or baked ziti should be covered with foil (fresh or frozen). Prepared sandwiches such as peanut butter & jelly can be placed in ziplock sandwich bags.

** Please contact LNHN through their Facebook page to arrange for a drop off time/location.



What great books are you reading? Are you reading for 20 minutes a day??



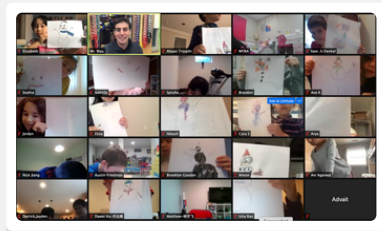
Zooming with our Physical Education Class



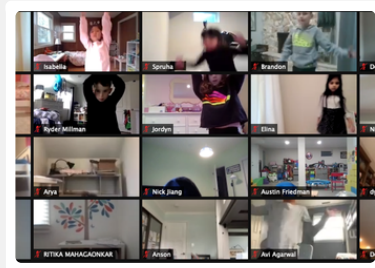
Teachers are using common language to teach our students about Zones of Regulation to talk about emotions

Zones of Regulation

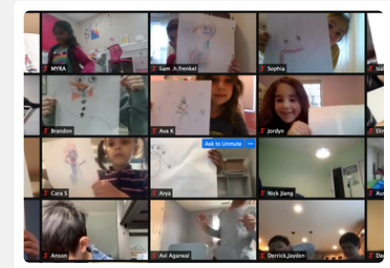
Teachers are using common language to teach our students about the Zones of Regulation to talk about emotions. Each color represents a different set of emotions; Blue- Sad, Tired, Bored, Green- Happy, Calm, Focused, Ready to Learn, Yellow- Frustrated, Silly, Nervous, Excited, Red- Mad, Angry, Out of Control. Students learn to identify which zone they are in as well as strategies to help them get from the Blue, Yellow, and Red Zones back to Green so they are ready to learn! Strategies may include doing jumping jacks, taking deep breaths, drawing, listening to music, etc.



Mr. Blau is making PE fun for all of us!!



Do you want to build a snowman?



Are you moving your body every day?

WHAT TEACHERS WANT YOU TO KNOW RIGHT NOW

"We know, it's hard. But hang in there. It will get better! We are all in this together!"

"Just breathe and try...learning is messy and comes with highs and lows. It's going to be okay."

"I don't expect our students to get through everything... just do their best!"

"You've got a great team behind you...we will get through this together!"

"We are here for whatever you need and we will all be okay! We will do whatever it takes to teach our kids!"

"We miss the children terribly when they are not in school! We are getting better each day at knowing how to support them in hybrid learning."

"We want parents to know how much we love their children."

"Every child should read for at least twenty minutes a day!!!!"

"Please make sure they have their materials organized and accessible near their workspace during classroom zooms."

"Thank you!! We know how much you are doing at home and it is greatly appreciated."

"We have great kids. They are polite and really rising to the challenge. Go Lions!!"

How can you help your child find success with hybrid learning when they are remote?

Please make sure your child has all of his or her materials organized and ready to go!

Students should not be eating during zooms

All students need to be at a table or a desk in a place as quiet as possible

Limit distractions during the learning periods

Read with your child as much as possible

Give lots of hugs!!

Talk about everything!!!

MINDFUL COLORING ZOOM ON Thursday, January 21 at 1:30

Bring your coloring materials and join other MPE Lions on Zoom!!!

Join Zoom Meeting

<https://livingston-org.zoom.us/j/84814648212?pwd=N2c3eE5WdDRxYlQ5U2tPUjZxQ0pIQT09>

Meeting ID: 848 1464 8212

Passcode: 545124

Upcoming Events

January 4-15 - Remote Learning

January 18 - School is closed for Martin Luther King Jr.'s birthday.

January 19 - School reopens for Hybrid Learning - Cohort A day

January 20 - BNL Picture retake day for Cohort A hybrid students in a.m. - must complete the hybrid student form

January 20 - BNL Picture retake day for remote only students in p.m. - must sign up for a time slot.

January 21 - BNL Picture retake day for Cohort B hybrid students in a.m.- must complete the hybrid student form

Click below for Optional Fun Activities



MPE Afternoon Fun-Optional Opportunities starting the week of January 4 (4).pdf

[Download](#)
31.8 KB

Click below for the Hybrid Cohort Schedule for January - March 2021



Elementary Cohort Calendar Jan. - Mar. 2021 (4).pdf

[Download](#)
614.1 KB