

Energy

2023

March

Complete Hot Lunch or Cold Lunch: \$4.00 (Includes entrée of the day, a fruit and a choice of low fat chocolate, skim, 1% milk, apple juice or an 8oz water)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pizza Day Cheese Pizza Served with Baby Carrots and Ranch	2 Meatball Parm Sub Served w/ Fries	3 French Toast Served w/ Turkey Sausage
6 Baked Chicken Tenders Served w/ Buttered Noodles	7 Beef Nachos Served w/ Corn and Baked Chips	8 Pizza Day Cheese Pizza Served with Baby Carrots and Ranch	9 Chicken Parm Sandwich Served w/ Vegetables	10 Homemade Mac and Cheese Served w/ Broccoli
13 Crispy Chicken Sandwich Served w/ French Fries	14 French Toast Served w/ Turkey Sausage	15 Pizza Day Cheese Pizza Served with Baby Carrots and Ranch	16 Angus Burger or Cheeseburger Served w/ Tater Tots	17 Baked Chicken Nuggets Served w/ French Fries
20 Popcorn Chicken Served w/ Mashed Potatoes and Corn	21 Pasta Marinara Served w/ Vegetables	22 Pizza Day Cheese Pizza Served with Baby Carrots and Ranch	23 All Beef Frank Served w/ French Fries	24 Pancakes Served w/ Turkey Sausage
27 Chicken Parm Over Pasta Served w/ Bread	28 Taco Tuesday! Beef Tacos Served w/ Corn	29 Pizza Day Cheese Pizza Served with Baby Carrots and Ranch	30 Sweet and Sour Chicken Served w/ Rice	31 Chicken Tenders Served w/ French Fries

Daily Cold Choices:

Bagel Combo Available Daily:
Bagel w/ Yogurt or String Cheese

Salads With or Without Grilled Chicken Available Daily

Monday
Turkey and cheese
Tuesday
Tuna on a Roll
Wednesday
Grilled Chicken Wrap
Thursday
Plain Bagel w/ Butter or Cream Cheese
Friday
Ham Sandwich

Vegetarian Option:
Grilled Cheese and Veggie burgers
Sandwich available on highlighted days when preordered in the morning with teacher.

Riker Hill Elementary Lunch

Special News...

Please visit us online at www.livingston.org, and select Food Services on your schools homepage!! For questions, comments, or concerns, please contact Nicole Cooper at 973-535-8000 Ext. 8051 or E-mail at cooper-nicole@aramark.com.



Menus are subject to change without notice.