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Livingston High School

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A make-shift memorial set up on the Boston Marathon route. Image Credit: Don Emmet

By Ari GILBERG '13

Only weeks after two bombs exploded near the finish line of the Boston marathon, leaving three dead and more than 260 injured, the city of Boston-and the entire nation as a whole-is continuing to struggle with the tragedy that transpired.

Traditionally, the Boston Marathon takes place on April 15th, Patriot's Day, to commemorate the heroic battles of Lexington and Concord. However, due to the terrorist attack carried out by Tamerlan and Dzhokhar Tsarnaev, April 15th shall take on a new meaning for New Englanders and Americans everywhere.

At approximately 2:45 p.m., two bombs ruptured, just seconds apart, near the finish line.

"[The bombs] were most likely rudimentary devices made from ordinary kitchen pressure cookers, except they were rigged to shoot sharp bits of shrapnel into anyone within reach of their blast and maim them severely," stated Boston law officials.

The resulting explosion sent shrills of metal through countless individuals, leaving their limbs hanging by only shreds of tissue. Although only three were killed by the bombings, according to Yahoo, 264 patients required treatment for injuries, ranging from minor injuries to decapitated legs.

Two days later, suspects Tamerlan Tsarnaev and younger brother Dzhokhar continued their reign of terror through Watertown, leaving MIT officer Sean Collier dead, and Tamerlan in critical condition.

According to multiple news outlets, including The Huffington Post, the 26-yearold suspect would later be pronounced dead at Beth Israel Deaconess Medical Center at 1:35 a.m. April 19th, less than three days after the bombings.

Following the capture and death of his brother Tamerlan, Dzhokhar Tsarnaev was apprehended later that same day, at approximately 8:45 p.m., after hiding out in a boat in a Watertown resident's backyard.

Moments after his arrest was made pub-

law enforcement for arresting Dzokhar without taking his life or anyone else's life.

Patrik credited local, state, and federal investigators for their hard work, proclaiming they brought "their A-game."

The family of Martin Richard, the eight-year-old boy who was killed in the marathon bombings, released a statement expressing their appreciation of everyone involved in Dzhokhar's capture.

"Tonight, our family applauds the entire law enforcement community for a job well done, and trust that our justice system will now do its job."

With Dzhokhar in critical condition, and unable to answer any questions, the entire nation laid in waiting wondering why he and his brother committed these atrocities.

On Monday April 22nd, Dzhokhar answered several questions from investigators, and according to multiple sources was "cooperative."

When questioned, Dzhokhar stated that he and his brother were the only ones behind the attacks, proclaiming there was no outside involvement.

Boston Police Commissioner Ed Davis



Boston police officals rejoice after capturing bombing suspect Dzhokhar Tsarnaev. Image Source: CNN

lic, cheers of joy and relief erupted from Watertown residents, who had crowded the small house on Franklin Street. Boston Mayor Thomas Menino took to Twitter and simply wrote, "We got him."

Local police officials transferred Dzhokhar, who was injured in a flash bang, to Beth Israel Deaconess Medical Center to receive treatment for his wounds.

Government officials, including Massachusetts Governor Deval patrik, celebrated seemed to agree with Dzhokhar's statement, telling CNN's Don Lemmon that he believes the brothers were "the two major actors in the violence that occurred."

Although Tamerlan cannot "pay" for his crimes, Dzhokhar has been charged with using a weapon of mass destruction and malicious destruction of property.

If convicted, the younger Tsarnaev will either face a lifetime in prison, or receive teh death penalty.

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Joseph Trad Advisor

From the Desk of the **Editors-in-Chief** Forgive and Forget: Why We Should Heal from Tragedy



In the aftermath of the Boston Bombing and shooting, which left a total of four dead and over 200 injured, cries of blood and vengeance have flooded the media in hopes of gaining enough support for suspect, Dzhokar Tsarnaev, to ultimately face the death penalty.

Dzhokhar, and his older brother Tamerlan, are believed to be the two main conspirators in the Boston Marathon bombings. While Tamerlan was killed in the Watertown shooting, Dzhokar, who was later captured alive hiding in a resident's boat, has yet to pay for his crimes.

While countless news outlets have called for the 19-year old Chechen's head, it's easy to forget he's just that: a 19-year old kid.

Yes, Dzhokhar Tsarnaev, one of the two men responsible for four innocent lives being lost, is just one year older than a Livingston High School senior. In all retrospect, he was a kid, an ignorant kid who was manipulated and deceived.

As teenagers, we have all done things we regret, we have all made mistakes, and we have all been tricked and lied to at one time or another. Have we strayed as far as Dzhokhar has? No. But what do we know about what Dzhokhar has gone through?

There is absolutely no justification for Dzhokhar's atrocious actions. There is no doubt that he should be punished for the deep pain and destruction he caused, the lives that were lost, and the time and energy that were wasted on his capture.

But, consider this: would we have made similar decisions if we had truly been in his shoes?

Michael Rogers, a Jesuit scholastic studying to become a priest, recently wrote a letter to Dzhokhar proclaiming that he does not hate the man who nearly killed his family in the bombing.

"I can't hate you," Rogers wrote. "Today I thought about the fact that you are only 19...you are just a kid. You must have been so afraid today. You were a victim like so many are victims."

If a man who nearly lost everything to Dzokhar—his family, his friends, and his town—can forgive him, then so can we. Forgiveness is not an acceptance or justification of a crime, it is choosing the freedom to not be affected by someone else's negative actions. Forgiveness is choosing to honor those who were lost, and most importantly, recognizing that there is always hope beyond tragedy.

-Bae and Gilberg



News/Features

Hello, Dolly! Takes the Stage

By Samantha SPENCER '15

The talented cast of Livingston High School's spring production of *Hello*, *Dolly!* wowed crowds on March 14, 15, and 16 in the auditorium. The entire cast, crew, and orchestra brought the script and songs to life on stage. Ms. Janene DePaolo skillfully directed this Jerry Herman musical, which was first performed on Broadway in 1963.

The amazing cast was led by senior Scarlett Ferman, who gave a very strong performance as the title role of Dolly Levi. Fellow senior Jared Aronoff also gave an impressive performance as well-known half-a-millionaire, Horace Vandergelder.

Anthony Vecchio and Jared Goldsmith, who played the comedic roles of Cornelius and Barnaby respectively, entertained the crowd with hilarious slapstick routines. Vecchio even showed off some of his advanced gymnastics skills. Playing Vecchio's love interest was

Layne Silverman, who beautifully



Hello, Dolly! on the stage at LHS. Image Credit: Martha Ackermann.

sang the ballad "Ribbons Down My Back" in her role as Mrs. Irene Molloy. The crisp and precise dancing of the

cast can be credited to senior dance captain Dara Baldwin and choreographer Ms. Gina Montalto. One of the most electrifying numbers, including kick lines and complicated steps, was performed by the waiters in the Harmonia Gardens scene. Scarlett Ferman had great stage presence

in the lead role of Dolly. Her outstanding voice and acting enabled her to carry the

Homophobia in Sports: A Cultural Flaw



Mike Rice was recently fired after videos of him berating his players with homophobic slurs were released. Image Source: Associated Press.

By Jordan SPECTOR '14

Worlds only change when the people who live outside of them do.

Rutgers University is the newest site of barbarism in college athletics, for which its former head basketball coach, Mike Rice, is responsible. His penchant for humiliation, pegging basketballs at his players as if it's dodge ball practice while spewing homophobic slurs as if they hold little meaning, has finally earned him the boot.

Rice's behavior reflects more than a single case of abusive tactics and wrongdoings of a sick mind. It reaffirms a common truth about the modern world of male sports: if you're not seen as masculine, you don't belong.

Similar incidents occur daily in every level of competition: a challenge of toughness, a battle of mental perseverance under the threat of being berated as soft, effeminate, weak. It is a cultural phenomenon dominated by fraternal bonds and macho attitudes, where players and coaches frequently show disdain for the word "gay," and anything associated with it.

Chris Culliver, an NFL cornerback for the San Francisco 49ers, was clear in his endorsement of a heterosexuals-only locker room, telling reporters a few days before this year's Super Bowl, "We ain't got no gay people on the team. They gotta get up out here if they do. Can't be with that sweet stuff... Nah, can't be...in the locker room, man."

Other players like Detroit Tigers starting pitcher Justin Verlander, Baltimore Ravens linebacker, Brendon Ayanbadejo, and former NBA star Charles Barkley have all voiced strong support for gay rights and their willingness to compete alongside "out" players. Verlander has said of his team: "We got 25 guys, it's a family. What your sexual orientation is, I don't see how that affects the ultimate goal of our family."

The star pitcher is spot on. But he is only one of thousands who have entered a team locker room, a largely silent majority.

The claim could be made that the culture of sports evolves when the oppressed make it happen. Jackie Robinson made his debut in professional baseball as the first African American in 1947, eventually shifting the tide in modern opinion of what is socially acceptable.

But Wade Davis Jr., an ex-NFL player who revealed his homosexuality years after his retirement, points out that stepping up like Robinson is different for gay atheletes. "Coming out is an individual process," he said. "It can take a long time."

Therefore, the question should not be "When will more athletes come out as gay?" but "When will more straight athletes come out as allies?"

Are straight athletes who disagree with Culliver's comments not equally responsible for changing a severely flaws culture?

The solution to homophobia in the locker room is not about current gay athletes coming out and becoming heroes of social progress; it is about the Chris Cullivers in society learning about tolerance, and accepting that something that can't be changed exists, and will always exist. It is for the men who stay silent to speak up and refute a stereotype that pollutes the environment they play in.

Worlds only change when the people who live outside of them do, and the closed world of gay athletes is one that will improve only if we first open ours. show. "Theatre is such a collaborative effort and I am lucky to get to work with such talented people whom I also get to call my friends," said the humble Ferman.

Sophomore Kerry Zak, who offered comic relief as the ever-weeping Ermengarde, added, "Everyone is just one huge family."

Technical director Mr. Megaro and stage manager Samantha Brown worked to ensure that the well-designed sets, which portrayed 1880's New York, were transported on and off the stage seemlessly.

The orchestra, conducted by musical director Mr. Michael Jedwabnik, flaw-lessly played the musical's beautiful score without overwhelming the performers.

During the final dress rehearsal, the cast and crew ignited the young spirits of local senior citizens, who were especially invited to preview the show. *Hello, Dolly!* was a very enjoyable theatrical performance that left its audiences humming its catchy tunes.

Bird Flu Spreads to China's Neighbors

By Crystal Song '14

Unprecedented cases of H7N9, a new strain of avian influenza recently discovered in China, have been reported in other countries for the first time.

A 53-year-old Taiwanese man who traveled regularly between Taiwan and China was confirmed to have H7N9 on April 24. The Taiwanese CDC reported that he "had not been exposed to birds and poultry during his stay," and that his condition is severe.

According to the World Health Organization, H7N9 is a deadlier strain of bird flu than its predecessor, H5N1, which claimed 332 lives between 2004 and 2007. A total of 108 cases of H7N9, including 22 deaths, have been reported in China in the past few weeks.

WHO Assistant director-general Keiji Fukuda stated that H7N9 is an "unusually dangerous virus for humans," and may be "more easily transmissible from poultry to humans" than H5N1, though there is no evidence of human-to-human transmission to date.

Fukuda warned, however, that future developments of such transmission would "really not be surprising." Authorities are monitoring 1,000 people who have come into close contact with confirmed cases.

Michael O'Leary, the head of the WHO's office in Beijing, took a more positive tone at a press conference on April 18, dismissing the need for a mass culling of poultry. "I eat chicken every day," O'Leary joked.

80,000 birds in China were tested for H7N9; less than 40 tested positive, hope-fully a testament to O'Leary's optimism.



By Chloe Seltzer '14

Just when the school day ends, the hours of studying and homework are just beginning; does this sound like your life? For hundreds of students around the country, the pressure of school has become too much, and many students feel no other option but to resort to the use of Adderall. Adderall is a prescription drug used to counteract Attention Deficit Hyperactivity Disorder (ADHD), but lately the prescription drug has been commonly referred to as the "study drug."

For a 16 year old student reporting to The New York Times, getting A's had never been a problem. One night, after weeks of declining offers to buy the drug, this young teenager finally succumbed to the acceptance of Adderall. "Something inside of me that sparked the drive to be independently successful died, and I swallowed the pills," said the young girl. Thousands of students around the country have admitted to taking the prescription drug, and students that have taken Adderall in the past claim that the habit continues into adulthood.

Sure, it may seem like a quick pick-meup, but the side effects of taking Adderall far outweigh the benefits. When Adderall is used for short-term periods, such as before midterms, it releases adrenaline and causes



Image Source: The Dewey Digest

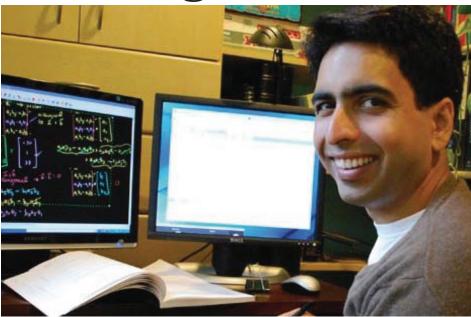
one's heart rate to rise significantly. Taking Adderall seems like 'no big deal,' but that is exactly the problem. Not only can Adderall cause cardiovascular problems, such as disrupted heart rhythm, but it can also lead to strokes. Students think they only need to take Adderall once or twice, but physical dependence on a drug develops much faster than truly understood. Dependence on drugs such as Adderall occurs when users become adapted to the high levels of dopamine in the brain; when a student stops taking Adderall, it triggers symptoms such as depression, fatigue and highly irregular sleeping patterns.

Whose fault is it, the students who abuse

the Adderall, the students who sell it, or the schools that put the immense pressures on students to overexert and excel? While the argument may never end, what is more concerning is how to stop this problem. Work may never seem never-ending, however if a student thinks that the pressure of school is just too much, then maybe those courses are not right for him or her. It is imperative for each student to not bite off more than he or she can chew. When a student stays calm and organized, there becomes no need to resort to "study drugs."

Competition among students has been the main cause of this uproar in Adderall use but those students who march to the beat of their own drum are the same students who succeed in life. No drug can compare to hard work and determination. When the effects of Adderall wear off, what is left? Pills can only get a person so far in life before the adverse affects begin to kick in. An unknown philosopher once said, "today is the tomorrow we worried about yesterday." Keeping calm and taking it one day at a time is enough get a student back on track. One test, project, or essay is nothing in the grand scheme of things; students must stop the use of adderall before it stops them.

Teaching in a Different Kind of Classroom



Salman Khan, creator of KhanAcademy, teaching math over the internet. Image Source: The Guardian

By Brett Weiser-Schlesinger '14

For most students attending public high school, learning is a relentless process: walking into a classroom, listening to a teacher instruct for 40 to 55 minutes, and promptly leaving with the dismissal of a bell. For a growing amount of other students, however, "e-learning" is becoming an appealing option for those wishing to experience lessons without the inconvenience of traveling to a school, or even leaving one's house.

By definition, e-learning is the usage of technology in learning and education. This technology is built to support both learning and teaching subjects, entirely over the Internet. According to Dr. Bernard Luskin, CEO of Touro University Worldwide and pioneer of education technology, the letter "e" in "e-learning" stands not only for electronic, but "exciting, energetic, engaging, [and] extended" learning.

In public K-12 school systems in the United States, many districts have been creating programs that allow students to attend a virtual classroom, from an Internet-accessible computer at home. Parents who wish to enroll their children in this program have cited reasons like severe allergies, fear of bullying, and the desire to avoid the general inconvenience of travelthe largest free online provider of lessons is Khan Academy, a collection of thousands of so-called "micro lectures" hosted on YouTube, teaching lessons on anything from mathematics and computer science to history and economics.

The site's videos have accumulated over 240 million views, and students all over the world have benefited from the free online lessons hosted by the website. Supported by donations (especially those of technology entrepreneur Bill Gates), the website strives to provide "a high quality education for anyone, anywhere."

"The letter 'e' in 'e-learning' stands not only for electronic, but 'exciting, energetic, engaging, [and] extended' learning."

ing to and from a school building nearly every weekday morning for 10 months of the year. The mother of a student enrolled full-time in a virtual classroom program describes the curriculum as "unbelievable," and that "the progress these children make... would astound you."

Aside from full-out dedication to the online learning format, students attending public schools can still take advantage of the benefits of online learning. Currently, Whether providing an alternative to receiving an education within the confines of a school building, or simply wishing to supplement lessons already learned in school, e-learning provides great benefits for high school students all over the world. With the Internet continuing to grow, more and more opportunities for learning away from school are emerging. Technology continues to improve education for all students, and only time will tell the breadth of its reach.

May 2013



By Will BONI '13

Donut Basket is a classic Livingston attraction that has been around for as long as anyone can remember. Despite the name, you should go to Donut Basket expecting neither an abundance of donuts—though they do sell them—nor a bounty of baskets. However, the one thing that Donut Basket is great at is breakfast sandwiches. Cheap, quick, and tasty, they are the obvious choice for me every time I go there.

With Seymour's out of business, the breakfast situation in Livingston has gone downhill. If you want to get a quick, cheap egg sandwich, the only option would seem to be *gasp* Dunkin' Donuts. I am strongly a local restaurant kind of guy. Chains like Dunkin' have never really appealed to me for food, especially with their mysteriously cylindrical egg and even more mysterious meat. Donut Basket is a real restaurant with a real griddle that serves real food, and I appreciate that.

I got five sandwiches, two of which were conventional subs, and three of which were more breakfast-oriented. The normal subs were the "Grilled Chicken BLT"(\$7.99) and the "Old Fashioned Italian Sub"(\$6.99). Both were good, but definitely not not exceptional or out of the ordinary. The chicken on the BLT was



An exterior photograph of the Donut Basket, located on Route 10. Image Source: Livingston Patch

moist, and it had a good amount of mayo on it, but for \$7.99, it was not worth the price. I don't want to sound like a snob, but if I am going to pay eight dollars for a sandwich, it should live up to its price, like a sandwich at Millburn Deli does. The Italian Sub was also good, but also not exceptional. It had a few key flaws. The cold cuts are Boar's Head brand so they are good quality, but the Salami and Pepperoni were cut too thick for my taste. It was a decent Italian sub, but for the same price you could get a phenomenal Italian sub at Tutto Fresco, the best Italian deli in town, which is also closer ity to LHS than Donut Basket is. But if you are looking for a good breakfast sandwich, since school lunch is, in fact, at 10:50 a.m., look no furher than Donut Basket. These sandwhiches are a different story.

I got the Taylor Ham and Cheese (\$3.99), the Bacon, Egg, and Cheese \$3.99), and the Taylor Ham, Egg, and Cheese with home fries (\$4.99).

The way the sandwiches are priced, eggs are essentially free, so ordering the Taylor Ham and Cheese sandwich is not any cheaper than that same sandwich with eggs on it. All of these breakfast sandwiches were made to perfection.

The bacon was always crispy, the fried eggs were not over or undercooked, and the Taylor ham was piled high. I counted at least six slices on my sandwich! The home fries, a one-dollar addition, make for a much more filling sandwich, and you definitely get more than your money's worth here.

If you are looking for a new, cheap, tasty alternative to the traditional lunch establishments in Livingston, Donut Basket is a great option. It's inexpensive, and boastsgood quality food made fast.

The tasty breakfast sandwhiches are served all day, and for the low average price of four dollars (and some ketchup), it is hard to beat.

Albert Einstein's Theory of Separation

By Joan SHIRA '14

Video-calls. Phone calls. Texts. Emails. IMs. Hand-written letters? Extinct.

The technology we have today is a major influence on long-distance relationships. Whether the relationship is with a significant other, friend, or family, technology deserves a round of applause.

In 2013, people have the ability to see loved ones' faces or hear their voices in a matter of seconds. Couples can check up on each other throughout the day through a simple text, and at night, they can video call and watch a movie "together." In fact, some relationships are strengthened when the individuals are far apart since they must trust each other to be faithful. Thanks to the Internet and cellular devices, many of which have unlimited access to the Internet, a relationship has the foundation of communication—communication behind a screen.

With technology, romance is masked by words flashed across a screen instead of spoken out loud. Men and women have lost the courage to admit their true feelings face-to-face. True, distance is a factor. I'm not suggesting bringing out a boombox and waking up the whole neighborhood by blasting a cheesy love ballad, but most girls (and guys) secretly want a Noah



The image above shows someone using technology to text a loved one. Image Source: CBS News

(played by Ryan Gosling) from The Notebook who wrote 365 letters for each day of the year to the girl he loved. our society. I admir overcome a

While technology provides a sense of connectedness in separation, sometimes it is nice to take the time to express feelings with a hand-written letter rather than typing the words across a screen. Relationships should never lose the component of "realness" that is sometimes lost in I admire those who have the ability to overcome all odds and stay together even after being separated for so long. Albert Einstein said that the "separation of each other is an optical illusion of consciousness." Physical separatedness is only mentally taxing because we let it be, but with technology, this "optical illusion" is a little more bearable.

STATS ON DATING AND TECHNOLOGY

• According to *StatsticsBrain. com*, the total percentage of college relationships that are long distance is **32.5%**

• *Cellular-news.com* states that **67%** have used text messaging to flirt with their partner.

• 84% of those surveyed believe that text messages can sometimes be misunderstood by a date or suitor.

• 37% surveyed ages 18-35 said they text at least 3 times a day with their significant other compared with 22% of those who are 36-55.

LHS Lance 5



Opinion



Head To Head School Spirit: Have We Taken It Too Far? Yes | No

By Oriana TANG '15

On a warm October morning, a dummy was dressed in a Hudson Catholic High School shirt, sweatpants, and football helmet, hung from a coat rack in the middle of the parking lot, and, amidst cheering and photography, set on fire as part of a Marist High School pep rally.

Of all establishments, it is ironic that the ones meant for education seem to encourage such devious behavior as these radical displays of "school spirit." Irrational incidents like this effigy burning aren't unique to Marist High School, not in the least. Our own town is not immune to such behavior either as several shoes were thrown onto the ice during a heated Livingston-Millburn hockey game last December.

Obviously, Livingston fans do not want to be known as "hectic and disrespectful" – both terms which they have recently been called on Nj.com. But the current brand of over-the-top school spirit exhibited both in this town and around the country help to only expand that image. School spirit is creating fans who are inappropriate, rude, and advocate the very kind of behavior which education is supposed to frown upon.

Not only do fans' actions have the potential to be both physically and emotionally hurtful, but, according to the Ludwig Von Mises Institute, they can also incite a kind of mob mentality that some consider to be "noisy, rowdy, and [even] primal." Teenagers are excitable, and though showcasing pride in one's school is an activity aimed at nothing more sinister than supporting the athletes on the field, it only succeeds in riling students up. This leads them to potentially harmful ways to broadcast their excitement – such as throwing shoes that could very well have hit someone or by burning a dummy dressed as a member of the rival team.

The fact that school spirit is only encouraged to this extent at sports functions also exposes an intellectual-athletic double standard. Academic teams are rarely lauded for their accomplishments with the fanfare that sports teams are. At Livingston High School, academic awards are scattered all over the building while sports trophies are concentrated in huge display cases. Sports victories are celebrated on AM Wired but academic ones are rarely, if at all, mentioned.

This is not to say that academic teams should also have pep rallies, or that huge crowds of students should show up at tournaments to jeer and insult and jab at opponents. But the disparity between where school spirit is acceptable and where it barely comes into the picture is a clear – and an unfair – one.

There is nothing wrong with exemplifying pride in one's school. But the current breed of school spirit is dangerous, damaging, and hypocritical in that for all the so-called spirit students seem to have at pep rallies and games, a fraction of that energy and fervor goes into their schoolwork. After all, school is, first and foremost, a place to learn, and the inappropriate behaviors that are promoted through support of school spirit have no place in the curriculum.

By Morgan LEVY '15

With a chill in the air, swarms of students take over the South Mountain Arena. Decked out in Lancer attire, the Green army expressively cheers for their beloved team.

Recently, the Lancers have come under fire for their spirited behavior; N.J.com depicts Livingston fans as "hectic and disrespectful." However, the critics are truly missing the point of the game.

When you go to a baseball game at Yankee stadium, it would be strange to see a scene of fans who are sitting there idly and chit-chatting, not paying attention to the game or showing any spirit or donning any team attire.

The epitome of sports is an excited crowd with screaming fans, sitting on the edge of their seats if not standing, anticipating every move, decked out in their team's attire.

Being spirited is one of the most important parts of the game.

Recently, the Livingston Lancers Ice Hockey team participated in the New Jersey Hockey State Tournament. Following a string of upsets, the Lancers ultimately fell to Bridgewater-Raritan in the semi-finals. Formed in the wake of success, the Green Army, led by seniors David Strumeyer and Jesse Francione, supported them through their triumphs and their eventual defeat.

Following Livingston's loss to the Panthers, both Strumeyer and Francione took to Facebook to express their undying support not only to the hockey team, but also to their growing fan base as well.

Image Credit: Matt Borodinsky

ey team, for the first time that I have been at this school everyone loved everyone," stated Francione. "They not only did it for themselves and their teammates...they did it for us, the Green Army. They played for us also!"

"This is something special," posted Strumeyer. "This is a movement."

The Green Army reveled in the success of their beloved team. This sense of pride energized the hockey team throughout the season.

Discouraging spirit is removing the energy that makes sports special. Those who have spoken out against Livingston's teams need to take a step back and consider the perspective of Livingston students. All we want is to support our fellow classmates, and represent our school. What's wrong with that?

"I want to thank the boys on the hock-

Patriotism Reality Check: Love For Country or Hate For Others?



Image Source: blogspot.com By Shivangi KHANNA '13

America is, without a doubt, the 'land of the free and the home of the brave.' So, it's only natural that we, as citizens of a country of opportunity, freedom, and safety, take pride in the nation in which we reside. Every Fourth of July and every Memorial Day Parade, families and communities join together in a collective show of patriotism. Clad in red, white, and blue, children wave flags as their parents trail behind in a celebration of happiness—that we are American.

Patriotism should mean respect for our country and its people. Yet, according to a 2010 Washington Post article, 49% of Americans had "generally unfavorable opinions of Islam." Although this number has increased, public distaste for Muslim-Americans is alarming and, frankly, disgusting. Condemning other nations or cultures because of radical generalizations does not make Americans patriotic.

Take the subjugation of the Philippines following the Spanish-American War, for

example. After defeating Spain in 1898, the United States annexed its former colony, the Philippines, despite the protests of its people, as a token of our victory. In the war that followed, over 4,200 Americans died along with 20,000 Filipinos according to the U.S. Department of State. Yes, we showed the world our power, but at the cost of the senseless killing of civilians and the unnecessary sacrifice of American lives.

The belief that our country is superior to all others, that our way of life surpasses the rest of the world does not display patriotism. Belligerence against difference does not display patriotism. Accepting your country for its merits and its flaws and loving its crevices and traditions does. Today, this equates to an acceptance of not only the citizens of this country but also the citizens of the world. Leo Tolstoy said, "[R]eal, good patriotism consists in desiring for one's own people or State such real benefits as do not infringe the wellbeing of other nations." Yet, actions justified by patriotism do not always adhere by Tolstoy's principle.

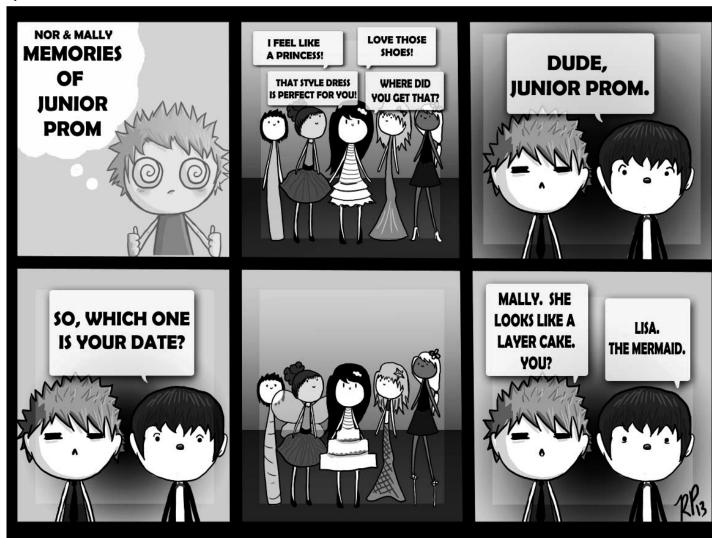
Dean Obeidallah, in his CNN article "I'm Muslim and I Hate Terrorism" said, "It is my hope that in time, Muslims will not be defined to my fellow Americans by the handful of terrorists, but by the millions of others who are involved in all aspects of American life." I agree, with you Mr. Obeidallah.





Junior Perspective

By Rebecca POPPER '14



YouTube: Undiscovered to Overexposed



By Jon HASPEL '16 and Jonah FAWER '16

When it comes to watching popular videos, we have come a long way from "America's Funniest Home Videos." You-Tube makes many videos often go viral, racking up millions of viewers from around the world. Shorts such as "Charlie Bit My Finger" and the "Harlem Shake" have received millions of views and have drawn in viewers of all ages. YouTube contains a wide range of videos that interest a wide variety of viewers.

"Charlie Bit My Finger" is a video of two young brothers, one a toddler, the

other a younger child. Charlie and his brother share some laughs and little Charlie bites his brother's finger. The reaction of the brother was amusing; not only was he laughing, but he was also in pain too. Hey, who doesn't love a cute little British accent?

In another scene, Charlie's brother sticks his finger out in front of Charlie. Charlie strikes again causing Charlie's brother to cry and scream. Why would anyone want to watch this video? YouTube is a place where the most senseless videos make sense. "Charlie Bit My Finger" has one of

the highest ratings in YouTube history with 519,698,591 viewers.

During this past month, the Harlem shake has also become an international phenomenon. Baauer, an American DJ and producer, recorded the now famous "Harlem Shake" song. Nearly every Harlem shake dance begins with an individual doing something crazy and acting in an abnormal way while everybody around that person acts obliviously. When the song says, "Do the Harlem shake!" everybody joins in and performs a wild dance of their choice.

In the Harlem shake v3 (Office Edition), everybody is working, while one person is dancing with a motorcycle helmet on. Fifteen seconds later, everyone who was originally working joins in and starts dancing just as abnormally. This crazy dance has received 30,289,170 viewers. The Harlem Shake has inspired people to make their own videos, including the army, high schools, and sports teams. Will this dance ever die down? You never know what or who is going to be the next big thing!

Top Music Fesitvals in the USA



Coachella Music Festival Image Source: flightfox.com

1. Wanderlust Oahu, Hawaii

> 2. SXWS Austin, Texas

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3. Coachella Indio, California

4. JazzFest

New Orleans

5. Sasquatch The Gorge, Washington

6. Bonnaroo

Manchester, Tennessee

7. Summerfest

Milwaukee, Wisconsin

8. Lollapalooza Chicago, Illinois

9. Burning Man Black Rock City, Nevada

10. Bumbershoot Seattle, Washington

Green Army Marches On

By Jesse KIRSCH '13

This winter, a group of LHS students redefined the Lancer fanbase. This rambunctious crew, known as the Green Army, is loud and "proud to wear the green and white," as 'General' David Strumeyer put it. These fanatics helped push Lancer hockey to a whole new level.

All season long, the Lancer hockey team had a decent turnout of supporters at Richard J. Cody Arena. However, when the Lancers took the ice to face the Millburn Millers, students came in droves. The game ended with a heart-throbbing loss, but the team played superb hockey.

The playoffs always seem to have a mind of their own. The postseason gods lined up LHS vacation with the start of the McInnis cup; and according to General Stru, that "was when the consistency started."

In the semifinal, the Lancers stole the victory in overtime from the rivaled Nutley Raiders, which sparked LHS fans and dozens more from the community to come out to support the Lancer hockey team yet again. Their entire side of the arena was filled top to bottom, right to left.

This McInnis Cup final played like a rollercoaster; the lead changes were constant and palpable. Keeping their focus, the Lancers came back to tie Montclair Kimberley Academy, forcing an overtime. Seth Crockett, the man who promises corndogs to fans, put it in the books. The arena erupted as students climbed the boards to high-five the victors. This first McIn-



LHS Senior, and General of the Green Army, David Strumeyer.

Image Credit: Matt Borodinsky

nis Cup victory in school history boosted the Lancer energy for the start of the State Tournament.

For the second round, LHS students left school early to cheer on the team. They made a good investment, as the Lancers advanced to the quarter finals to face Morris Knolls. The game was away for the Lancers at Mennan Arena. The Lancers, the nine seed, took the number one seeded Knolls at Mennen Arena. But the atmosphere and intensity coming from the Livingston stands could have fooled anyone. Up in the press booth, the TV crew could not hear a thing—not even themselves. With screaming fans, flying rally towels, and furious momentum, the Lancers upset the top seed and advanced to the state semifinal.

Tickets for the game were sold hours in advance, winter sports awards were cancelled, and the contagious excitement filled the LHS halls. Unfortunately, the Lancer team fell just short on the "road to the rock." Bridgewater-Raritan overpowered the team early with rapid offense. In the third period, Lancer Captain Ben Arden led a final charge. He scored early on, followed immediately by Mike Koval. Down by one goal with 11 minutes left, the Lancers had a chance to pull off another comefrom-behind victory.

A quick save from Brian Lilien ignited the Green army. All season long, he put up exceptional numbers between the pipes. The Green Army chanted "Marty, Marty" as he stopped shots time and again. But fate was not with them. The clock struck midnight on a truly incredible Cinderella Story.

The Lancers defied the odds and inspired their schoolmates to support a real thrill. Although coming up just short of the first state championship hockey title in Lancer history, the team enjoyed playing these tight games and the rowdy atmosphere that the fans developed. Sports fans or novices, everyone had a great time. And that's ultimately what scholastic athletics are all about.

2013 MLB Season Preview



Bryce Harper will power the Nationals to their first ever World Series title Image Source:4HD Wallpapers

By Jared GOLDSTERN '13 AL East:

Division Winner- Tampa Bay Rays

Although the Blue Jays beefed up their roster this off-season with the acquisitions of top-tier players like Jose Reyes and Josh Johsnon, I'm not sure if they can patch it all together to win the division.. The Rays, under Joe Maddon, are always a safe pick to compete and clinch the Wild Card spot.

AL Central:

Division Winner- Detroit Tigers

After getting swept in the World Series by the San Francisco Giants, the Tigers were relatively quiet in the off-season. With a core of reigning AL MVP Miguel Cabrera, Prince Fielder and reigning AL CY Young Justin Verlander, the Tigers should run away with this division.

AL West:

Division Winner- Los Angeles Angels

For the 2nd consecutive off-season the Angels made a splash in free agency. This year they signed Josh Hamilton. With a lineup including last year's AL Rookie of the Year Mike Trout and the power hitting Albert Pujols, the Angels should not lack offensive firepower. The Texas Rangers will compete in the division but will fall just short. They should still make the playoffs as one of the two wild cards.

NL East:

Division Winner- Washington Nationals

After winning the division last year, the Nationals will look to repeat this year. Stephen Strasburg and Bryce Harper are two young studs who are looking to have break out years. Combine those two talents with a great rotation and a well- rounded offense and you may be looking at this year's World Series Champ. The Atlanta Braves made a splash this off-season by acquiring both BJ and Justin Upton. The difference between the Braves and the Nationals is that the Nationals have a better rotation and that will give them the advantage.

NL Central:

Division Winner- Cincinnati Reds

The Reds will compete with the St Louis Cardinals to be crowned NL Central division champ and will edge them out because of a stronger starting rotation and bullpen. The Reds top 2 pitchers, Jonny Cueto and Mat Latos, are one of the strongest 1-2 combinations in the league. Aroldis Chapman, the closer, comes out of the bullpen throwing 100 mph and is one of the hardest pitchers to hit in baseball.

NL West:

Division Winner- Los Angeles Dodgers

When Magic Johnson is your owner, you know there is going to be a winning culture in the clubhouse. Magic added Adrian Gonzalez, Hanley Ramirez, Carl Crawford and Josh Beckett at last years Trade Deadline and then Zack Grienke this off-season. Expect the Dodgers to be pushed by the San Francisco Giants, who won last year's World Series but lack the same offensive firepower as the Dodgers.

Spring Sports Update

By The Lance Staff

Baseball

The Lancers boast an all senior lineup led by pitcher Luke Rodino and three hitter Alex Haberman. The boys will look to rebound from a 5-12 start

Softball

Playing a brutal schedule featuring the top teams in New Jersey and Delaware, the Lady Lancers are off to a remarkable 17-3 start and are led by senior standout Jess Peslak.

Boys Lacrosse

Off to a 11-4 start the Lacrosse team has been led by captains Dan De-Pasquale, Kyle Asman, and Will Boni. Sophomore Tommy Heller leads the team with 43 goals and 24 assists.

Girls Lacrosse

Captains Morgan Unger, Carly Suchoff, Melissa Corvelli, and Jordy Bonvini have helped lead the Girls Lax to a 10-5 start. The team will look to improve on a solid season last year and make the state tournament for the first time in program history.

Boys Volleyball

Off to a superb start, the Lancers are 16-0 and ranked sixth in the state. The Lancers recently won the Eastern High School Invitational. Kyle Rulka has been a 4-year varsity starter and is a captain alongside seniors Logan Corsello and Matty Goldberg.

Golf

Returning seniors and captains Zach Stark and Kenny Yanga are both considered two of the best players in the county. The Lancers are off to a 10-5 start and will look to qualify for the state tournament.

Boys Tennis

16-9 to start the year, the boys starting singles line includes senior captains Erik Katcher and Spencer Luster along with Sophomore Anthony Caputo. Luster was part of the doubles team that won the New Jersey doubles tournament.

Track and Field

The boys track team is off to a 0-1 start this season while the girls team is awaiting its season opener. Seniors Mo Pasternak and Morgan Collins will look to lead the track team his season.