

## Resources

### Children's Books

#### **Growth Mindset**

Bubble Gum Brain: Ready, Get Mindset... Grow!- Julia Cook  
Your Fantastic Elastic Brain: Stretch It, Shape It- JoAnne Deak  
The Girl Who Never Made Mistakes- Mark Pett & Gary Rubinstein  
The Dot- Peter H. Reynolds  
Giraffes Can't Dance- Giles Andreae and Guy Parker  
Beautiful Oops- Barney Saltzberg  
Too Perfect- Trudy Ludwig

#### **Developmental Milestones**

A House For Hermit Crab- Eric Carle  
The Kissing Hand- Audrey Penn  
The Way I Feel- Janan Cain  
What to Do When You Worry Too Much- Dawn Huebner and Bonnie Matthews

#### **Social Awareness**

Each Kindness- Jacqueline Woodson  
We're All Wonders- R. J. Palacio  
I Am Human: A book of empathy- Susan Verde  
The Sandwich Swap- Queen Rania Alabdullah  
Have You Filled A Bucket Today? A Guide to Daily Happiness For Kids- Carol McCloud  
How To Lose All Your Friends- Nancy Carlson  
Can I Play Too?- Mo Willems  
Just My Friend and Me- Mercer Mayer  
Recess Queen- Alexis O'Neill & Laura Huliska-Beith  
Cliques Just Don't Make Cents- Julia Cook  
Weird! Series- Erin Frankel  
The Invisible Boy- Trudy Ludwig  
You, Me, and Empathy- Jayneen Sanders  
Those Shoes- Maribeth Boelts  
Stand in My Shoes- Sornson

### Parent Books

#### **Growth Mindset**

Grit: The Power of Passion and Perseverance- Angela Duckworth  
Mindsets for Parents: Strategies to Encourage Growth Mindsets in Kids- Mary Cay Ricci



How to Be an Imperfectionist: The New Way to Self-Acceptance, Fearless Living, and Freedom from Perfectionism- Stephen Guise

### **Development Milestones**

How to Talk So Kids Will Listen & Listen So Kids Will Talk- Adele Faber and Elaine Mazlish  
Unselfie- Michelle Borba

### **Social Awareness: Empathy**

Queen Bee's and Wannabees- Rosalind Wiseman

Odd Girl Out- Rachel Simmons

The Blessing of a Skinned Knee: Using Timeless Teachings to Raise Self-Reliant Children-  
Wendy Mogel

Empathy: Why it Matters, and How to Get it- Roman Krznaric

How to Start an Empathy Revolution: Ted Talk on Youtube titled "How to start an empathy revolution: Roman Krznaric at TEDxAthens 2013"

Link: <https://www.youtube.com/watch?v=RT5X6NIJR88>

One Inch Tall: video on Youtube titled "One Inch Tall"

Link: <https://www.youtube.com/watch?v=cm3TI--q2lc>

Brene Brown on Empathy: video on Youtube titled "Brene Brown on Empathy"

Link: <https://www.youtube.com/watch?v=1Evwgu369Jw>

Sesame Street: Mark Ruffalo, Empathy: video on Youtube titled: "Sesame Street: Mark Ruffalo: Empathy"

Link: [https://www.youtube.com/watch?v=9\\_1Rt1R4xbM](https://www.youtube.com/watch?v=9_1Rt1R4xbM)