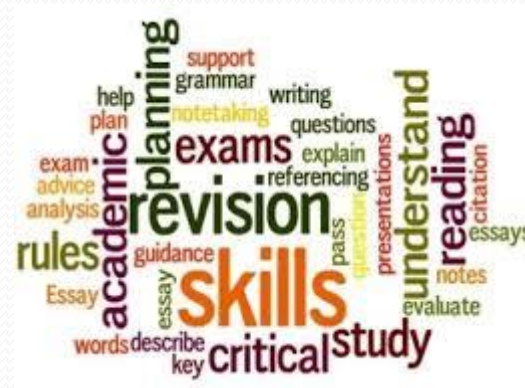


Study Skills Definition

- The different abilities that can be developed in order to improve a learner's capacity to learn



Good Habits

- Checklists
- Time Management
- Routine and Schedule
- Study Mode
- Study Location and Set Up
- Book Bag and Locker Organization
- Calendars
- Materials and Supplies

Good Habits

- Health and Wellness
- Short Term-Long Term Balance
- Time for Leisure / Play
- Use of Technology
- Teacher Availability
- Studying is Doing
- Positive Attitude

Additional Points

- Organization – demonstrate
- Modeling
- Daily Schedule (do not overload)
- Help children set priorities
- Find a good space where child can focus
- As the years change, the requirements/habits/protocol will change
- Frustration Level
- Communication with Teacher

Specific Skills

- Planning
- Organizing
- Reading
- Testing
- Note taking
- Managing Time
- Small Chunks vs. Cramming

Techniques

- RCRC: Read, Cover, Recite, Check
- Underlining, Highlighting, Outlining
- Notecards
- Labeling
- Abbreviating
- Graphic Organizers/Foldables
- Advocacy Skills
- Gradual Independence

Techniques

- Acronyms
- Media use: Audio/Video
- Partners
- Mnemonic Devices
- Key Words
- Verbalization
- Kinesthetic Activity

Resources

- Quizlet
- Teacher webpages
- Extra Help & Study Groups
- Kahoot
- Mentimeter
- Quizizz
- Reflections
- Create Your Own

“...the view you adapt for yourself profoundly affects the way you lead your life...”

Carol Dweck



<https://www.youtube.com/watch?v=JC82Il2cjqA>

Fixed vs. Growth Mindset

Fixed

- Assumes that intelligence and other qualities, abilities, and talents are fixed traits that cannot be significantly developed
 - Brock & Hundley, 12

Growth

- Assumes that intelligence and other qualities, abilities, and talents can be developed with effort, learning, and dedication
 - Brock & Hundley, 12

Growth Mindset Praise

- You're a natural at math.
- These problems didn't give you much of a challenge. Let's move on to something that will really stretch your brain!
- You're so smart.
- I like how you used different strategies to figure out these problems.
- Well done!
- Well done with your math test. I can see that you have practiced a lot.
- That is not right.
- This did not seem to work. How could you approach this problem differently?